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Land Acknowledgement

In accordance with our principles, we acknowledge with gratitude that we gather on traditional Cree lands that are part of Treaty Six and shared by many nations.

A treaty is an inheritance, a responsibility and a relationship. May we be good neighbours to one another, good stewards to our planet and good ancestors to our children.



October Services



All services begin at 10:30 a.m. We look forward to seeing you in person or on Zoom from the comfort of your own environs. Please use this link:

<https://zoom.us/j/97779453314?pwd=VVB1VWF5ZUd0UGU1ZXQ5UGVxb0tXQT09>

This month's theme is *Community and Individuality*

**Oct 4 *Chorealis Service*
The One and the Many:
*A Balancing Act***

We gather in communities, attracted by common goals, interests and beliefs, yet each of us brings our own story, needs, strengths, faults and desires. How do we balance our need to be seen and heard with the needs of all those around us? *Note: This morning's service will include time for spoken candles of care and concern.*

Stay after the Service for the Service Creator's Workshop

**Oct 11 *The Invisible Threads*
*That Hold Us Together***

This Thanksgiving weekend, we'll reflect on the people and connections that carry us through life's joys and challenges. The Pastoral Care Committee will explore the many ways we care for one another when life is difficult as well as the simple ongoing relationships that make us feel that we belong.

We also have the pleasure of welcoming Joseph Chambrinho who will once again grace us with his beautiful tenor voice.

Service leader - Gloria Krenbrenk

Oct 18 *Community and Individuality*

Today we are talking about the practices of community and individuality. How do we practice agency in our personal lives, within groups, or as groups? What systemic factors make our agency possible (or limit it)? What can acceptance bring to our lives as individuals and within groups?

Leader: Ilara Stefaniuk-Gaudet
Sunday Potluck featuring the UCE's favourite chilis will take place after the service today!

Oct 25 *Bridging Divisions*

Music is a universal language that transcends distance and time. Song is a bridge between people and cultures. Divisions between individuals and groups can arise when we fail to listen to each other's stories and understand there is so much more behind them. The UCE House Band will explore what it takes to bridge divisions. Join us as we try to learn two things, and by the time we sing "carry the flame" perhaps we'll find out which one is true.

Service Creator Workshop - Sunday, Oct. 4



We have service leaders - and they're great. But in this transition time between ministers, we need folks who would like to take a bigger role in creating services. Service creators will choose readings, music, and plan the flow of a service. But they won't do it alone! Seasoned mentors will walk alongside them every step of the way.

If you're interested in learning more about this role, and all the resources for it (e.g., service templates and where to find readings, music, themes) join members of the WAM (Worship, Arts, and Music) Team for a 90-minute workshop immediately following the service. A light lunch will be provided.

Questions? Contact WAM chair Gordon Ritchie.

gordonritchie424@gmail.com

Input on UCE's Next Minister Due by Oct. 12



Worksheet Link



On Sept. 20, the Ministerial Search Team hosted a conversation to help identify the congregation's priorities for our new minister. This information will help ensure the package we assemble for candidates best reflects our hopes and expectations.

If you weren't able to attend the session, please offer your input now on the [online worksheet](#).



Access to the worksheet will close on October 12.

President's Ponderings:
*"Beginnings" was just
the start*



Music is a language of the heart – and my heart was deeply attuned to that language on Sunday, September 27. Our common joy, our common humanity, resonated with the music and messages delivered at the UCE House Band's inaugural Sunday service, called "Beginnings".

The enthusiasm and creativity of the service creators and leaders, Andrea Graham and John Turvey, were amplified by the three musicians who accompanied Andrea's vocal gifts and carried the service music needs with skill and energy. Our own Jon Littlefield on bass guitar, Clay Dickson on drums and Bill Hogle on guitar, found welcoming ears in a full sanctuary.

This wasn't just a happy accident. It took much contemplation, coordination and practice to produce an integrated and engaging service. I'm excited to report that the house band members (who are inviting ideas for a name) intend to offer their talents each month. So, Sunday was truly just the beginning.

The words written by John and Andrea for the chalice extinguishing remind us of that.

"As the last strains of music dissipate into the embracing calm of the sanctuary, we can still hear its echoes. Music is known as the one universal language that can bring us together in grief, strife and joy. As we extinguish this chalice and the melodies linger on in our minds, remember that every song, every book and every phase of life has a beginning. No matter where you are in your life, the rest is yet unwritten".

Lynne



UNITARIAN CHURCH
OF EDMONTON

FLOOD TO FUTURE

TURNING RECOVERY INTO RESILIENCE

WAYS TO DONATE:

ONLINE VIA CANADA HELPS
PURCHASE A 50/50 RAFFLE TICKET
COLLECTION PLATE
DONATION ENVELOPE
CONTACT JANET FOR E-TRANSFERS



50/50 QR Code

FROM FLOOD TO FUTURE:

INVESTING IN RESILIENCE FOR GENERATIONS TO COME

An unexpected water line break flooded our church, reminding us how quickly the unexpected can happen. As we restore our building, we are also rebuilding our reserve fund so that our congregation remains strong, prepared, and able to continue serving our community for years to come.

Help turn this setback into a stronger future by donating today.

Together, we can move from flood to future and build lasting resilience for generations to come.

Sharing Our Abundance

Our church community encourages all who gather here to grow in generosity of spirit and action. Each month, we share half of our unidentified cash offerings with an organization in the wider community. In October, we'll be sharing with Camp fYrefly.



Camp fYrefly is a leadership retreat for queer and trans youth ages 14 - 21. In a fun and social environment, campers develop skills that will positively impact their lives, homes, schools, and communities. Educational and art workshops, Indigenous programming, nature, and a supportive team create space for emerging change-makers to learn, explore their identity, and build resilience. Camp fYrefly supports queer youth by offering life-saving resources and skills.

<https://www.ualberta.ca/en/camp-fyrefly/index.html>



New UCE Website Coming Soon



The Communications and Marketing Team (CaM) is just in the final phase of testing the new website. If all goes well, we should be ready to roll it out in the next few weeks! We'll be sure to keep you posted.

Your CaM Team,

Karen Bilida, Louise Charach, Jon Littlefield, Karen Mills, Lorne Pendleton

Small Group Ministries

Gather, reflect and connect through our small groups which lead us to discuss spiritual-filled questions following monthly themes. This year we have two opportunities for you to build and deepen relationships with other community members in this way.



There is a voice calling us to something deeper. So listen carefully. For it comes not just from out there, but from inside.



You don't have to have all the answers. Just bring your questions.

Soul Matters is a welcoming small group where we explore meaningful themes through reflection, conversation, and deep listening. Together, we create space for connection, insight, and personal growth. **Join us on the last Sunday of each month at noon at the Unitarian Church of Edmonton. Newcomers are always welcome.**

Souls Matters October Package



Meaning Making Project

Meaning Making is a small group program using Canadian-created content and drawing on the wisdom of Canadian UU ministers and social context. Together, we explore themes of connection and community and how we belong with each other as UUs and in the world.

Join us online on the last Sunday of the month at 7pm. Newcomers are always welcome.

Please email Ilara Stefaniuk-Gaudet at missg.alias11@gmail.com for the Zoom link.

**October Topic:
Community and Individuality**



Want to Go for a Walk?



The walking group is continuing as weather permits, every Friday morning. We mostly do "out and back" walks and separate into faster and slower walkers, so you can walk at your own pace and distance. Contact Jon Littlefield at jon.littlefield@yahoo.com to be added to the email list.

Or, Join Us for a Beverage!

**UUs on Tap
Wednesday,
Oct. 28, 6pm**



The venue will be **Teddy's Restaurant, 11361 Jasper Ave.** Julia at Teddy's Restaurant took good care of us at our September gathering. It is a very inviting space and we can hear ourselves talk! Good menu and lots of parking (there is parking behind the building and also on 114 St.).

Come join us. Sheila Parr (sheilaparr2012@gmail.com)

**Samhain
Ritual
Oct. 31, 7 pm**



Join Ali Hammington on Samhain for a ritual to honour our ancestors, and to learn a Banishing Spell to drive out those energies for which we no longer have need. Please bring a photo of your Beloved Dead to place on the altar. Drums, noisemakers and costumes are welcome. Please arrive on time to avoid disrupting the ceremony.

September in Photographs



UCE House Band's inaugural service



Audrey Brooks receives 2026 Daughter of the Year from Canadians for a Civil Society



Lewis Cardinal and Ilara Stefaniuk-Guadet lead the Sept. 20 service



UCE members Sylvia Krogh, Gloria Krenbrenk and Audrey Brooks sing with the Raging Grannies at City Hall.

Right Relations Reflections



"Some of you are walking love letters and you don't even realize it. You're lighting up rooms, shifting atmospheres and carrying inspiration just by being you. Such a precious gift!"

(Unattributed - a piece of modern internet prose)

<https://www.uce.ca/healthy-relations-policies/>



Pastoral Care: Come Join Us!

The Pastoral Care Team could use some some volunteers to act as connectors for any of the following:

- Transporter
- Nourisher
- Visitor
- Handihelps

Contact your Caring Connections Dispatcher Gloria Krenbrenk at 780-668-9166 gkrenbrenk@gmail.com or use the Pastoral Care request form on the UCE website.

“I acted and, behold, service was joy”

Rabindranath Tagore



Could You Use Some Help?

If you're going through a tough time or just need someone to talk to, please don't hesitate to reach out. We're here to support you with care, a listening ear or a ride — whatever you need. You're not alone, and we'd be honored to walk alongside you!

Contact Gloria Krenbrenk our Caring Connections Dispatcher at 780-668-9166 or at ucecares@uce.com.

To contact the whole team **anytime**, there is an easy way to do this. Simply go to our website, <https://www.uce.ca/contact-us/> and click on the pastoral care link.

Carol Hutchings, Gloria Krenbrenk and Declan Kiely



CUC News

For the Latest News:

<https://cuc.ca/news/communications-publications/>

Online Community

The UU Ecosystem Project presents: A Theology for This Moment : Canadian Unitarian Universalists in Conversation

Saturday, Oct 24 | 11 am MT

Explore collaborative governance models that distribute leadership, foster participation, and strengthen decision-making within congregations and organizations. Learn how sociocratic practices can help communities become more resilient, inclusive, and responsive to change.

Join the Ecosystem project for the second of four fall webinars — live online conversations digging deeper into active topics in Canadian Unitarian Universalism. Attendees will have the opportunity to ask questions and shape the conversation.

<https://cuc.ca/events/sociocracy/1792843200/1792849500/>



Softness is not weakness.
It takes courage
to stay delicate in
a world so cruel.

Beau Taplin

Shaping Our CommUUnity



Vision:

We open doors to all seekers of spiritual growth and nurture positive change for a just and healthy world.

Mission:

UCE Mission is to inspire social justice by questioning the status quo, engaging community and inviting all to the table.

We do this by providing an intentionally inclusive home to:

- nurture spiritual growth and transformation
- foster learning opportunities and outreach experiences
- welcome all age groups
- support action for social justice
- be guided by the principles and sources of Unitarian Universalism

UCE Covenant of Right Relations:

With love as our guide, we pledge to create a beloved community of peace and compassion. We trust our ability to work through conflict. As members and friends of UCE, we agree to:

- Honour and respect diversity in values and beliefs as a source of communal strength
- Be truthful, kind and open minded
- Assume good intent and goodwill
- Listen with open hearts and speak with care even when it is uncomfortable
- Talk to, not about, others
- Accept responsibility for our individual acts
- Address conflict promptly and ask for help when conflict is too difficult
- Be steadfast in support of our community in times of disagreement
- Share the ministry of the congregation through our gifts of time, talent and money
- Express encouragement and appreciation for the gifts of others

The Principles and Sources of our Religious Faith

UU congregations affirm and promote eight principles, which we hold as strong values and moral guides. As Rev. Barbara Wells ten Hove explains, “The principles are not dogma or doctrine, but rather a guide for those of us who choose to join and participate in UU religious communities.”

Our Eight Principles

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- Individual and communal action that accountably dismantles racism and systemic barriers to full inclusion in ourselves and our institutions.

Our Six Sources

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world’s religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God’s love by loving our neighbours as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- Spiritual teachings of Earth-centred traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Please enjoy watching recordings of our Sunday Services again on YouTube or listen as a Podcast on SoundCloud. Just click on the link and don't forget to subscribe while you are there.

Join us in conversation on Social Media

- Facebook Group: <https://www.facebook.com/groups/41659071349/>
- Facebook Page: <https://www.facebook.com/UnitarianChurch/>
- YouTube: <https://www.youtube.com/channel/UCmpm5DXHKM7pRnnzcC75txQ>
- SoundCloud: <https://soundcloud.com/user-189401827>
- Twitter: <https://twitter.com/UnitarianUCE>
- Instagram: <https://www.instagram.com/unitarianuce/>

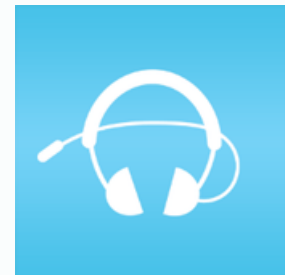
Please make sure that you continue to update your Zoom account. Zoom regularly updates to release new features and fix bugs. We recommend upgrading to the latest version once it is available. How to update Zoom: <https://support.zoom.us>

Hearing Assistance Available at In-Person Services

To amplify the sound in the sanctuary, use the Listen Wi-Fi app.
Here's how:

First time user

- 1: Connect to UCE wifi on your mobile device
 - In WiFi settings select UCE
 - Type in Password [available from an usher]
- 2: Download Listen WiFi App (from app store)
- 3: Tap on Listen WiFi app on your device
- 4: Select venue - UCE
- 5: Adjust volume on your device



Returning user

- 1: Connect to UCE wifi on your mobile device
 - In WiFi settings, select UCE
 - Type in password if it has not been saved
- 2: Tap on the Listen WiFi app
- 3: Select venue - UCE
- 4: Adjust volume on your device



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Communications	Karen Mills

UCE EVENTS OCTOBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 7 pm Chorealís Rehearsal	2 10 am Walking Group	3
4 10:30 am Service After the Service: Service Creator Workshop	5	6	7	8 7 pm Chorealís Rehearsal	9 10 am Walking Group	10
11 10:30 am Service	12	13	14	15 7 pm Chorealís Rehearsal	16 10 am Walking Group	17
18 10:30 am Service After the Service: Potluck & Chili Cook off	19	20 1 pm Membership Ctte Meeting	21 7:15 pm Online Board Meeting	22 7 pm Chorealís Rehearsal	23 10 am Walking Group	24
25 10:30 am Service After the Service: In-person Soul Matters Group	26	27	28 6 pm UUs on Tap @ Teddy's Restaurant	29 7 pm Chorealís Rehearsal	30 10 am Walking Group 6 pm Soul Matters Movie Night	31 7 pm Samhain Ritual
7 pm Online MMMP Small Group						