

Although UCE has suspended in-person worship services, we invite you to participate in our compassionate, supportive community via our Sunday services online or by phone.



May 31: *Radical Theology*, Andrew Mills

Unitarianism originated in a dispute over an interpretation of the bible and the concept of the trinity. I will explore the roots of this dispute and use modern translations of the gospels to show why the trinity is problematic. Content warning: contains bible references, scripture readings, and discussion of god.

<http://tiny.cc/fafcuz> Meeting ID: 200-338-874 Or phone +1-587-328-1099

June 7: *Flower Communion*, Beth Jenkins

The Flower Communion is an annual service that celebrates beauty, human uniqueness, diversity, and community. Please select a fresh flower, or a picture of a favorite flower, to place near your web-cam while we share music, reflections, stories and poems about flowers and their significance.

<http://tiny.cc/fafcuz> Meeting ID: 200-338-874 Or phone +1-587-328-1099

June 14: *Being Queer but not Sexual: Pride Service*, UCE Youth, Susan Ruttan

Moving away from the idea of the over sexualized pride events, and tying to the idea being in Covid isolated. Our theme “Being Queer but not Sexual” is not discussed nearly as much as it should. By this, we don’t just mean asexual or aromantic, but also those folks who are choosing celibacy (either as a short- or long-term thing) even if they are interested in relationships.

<http://tiny.cc/fafcuz> Meeting ID: 200-338-874 Or phone +1-587-328-1099

June 21: *Litha (Summer Solstice)*, Ali Hammington, Reverend Amy Beltaine

Summer solstice is normally a time of abundance. This year, it’s a time of pandemic. When we think about our sacred relationship with the Earth and with all living things, we cannot help but ask: what is being asked of us, and given to us, even now?

<http://tiny.cc/fafcuz> Meeting ID: 200-338-874 Or phone +1-587-328-1099

June 28: *Blessing of the Pets*, Joint Service With Westwood Unitarian Congregation

Join us for our 4th All Edmonton UUs Service - closing out the regular church year together. You are invited to send a photo of your pet(s) to worship@WestwoodUnitarian.ca - and we’ll include them in the service. Pets are ALWAYS welcome in your Zoom window.

** Different meeting ID and link **

<https://bit.ly/2TyO1Mn> Meeting ID: 840 706 165 Or Phone in +1-587-328-1099

President's Message:
Our connection to each other and this community remains

Our time in this place may have ended, but our connection to each other and this community remains.

Together may we walk the path of justice, speak words of love, live the selfless deed, tread gently upon the earth, and fill the world with compassion.

Until we meet again, blessed be.

These words, by Rev. Kathy Huff, were designed as the closing words for a service but they seem appropriate to me in many ways right now.

Our time in the world we knew as “normal” seems to have ended. However, as evidenced by the phone calls, emails and visits between members, and strong attendance at online services and coffee hours, our connection to each other and this community is very important and remains.

Ironically, it is because the community and connection are so important that the board decided to not resume in-person services this summer; we feel that the health risks are still too high.

I also think our time in “this place” of just UCE may have ended, and our definition of “this community” can enlarge. Our connections with the larger UU community have dwindled over the last few years. Now, thanks to technology, we can “attend” UU services, book clubs, discussion groups, singalongs, concerts, and coffee hours right across the country – and the world. On May 17, I “attended” the service that was part of the CUC annual gathering. Over 700 other UUs shared in that online experience. It was moving and energizing to see and hear the different approaches and perspectives. This access presents a wonderful opportunity for us as we imagine how we want to grow and operate in the coming years.

Working toward justice, love, and compassion for ourselves, our community and our Earth is something I see alive and modeled in the lives of UCE members. What is so special about UCE is that we aspire to build this better world *together*. It is nourishing and comforting to be part of this community.

We also dream of widening our community, so others can find sustenance and hope and a place to help them live out their values. Volunteers have done amazing work over the last few months to ensure we remain an active presence for those seeking community. I cannot say thank you enough to everyone who has contributed.

I also know that some people's energy is waning, either from the sense of constant anxiety due to COVID-19 or from the extra tasks they have taken on to keep UCE operating smoothly (or both). Given this, I'm happy to say things are progressing positively with the interim minister search. While it's too early for any announcements, having a great minister in September to help coordinate and guide our efforts is looking very likely.

And finally, Rev. Huff's closing words speak to me because this is my last message as UCE president. It has been an honour to serve in the role for the last three years. Thank you for the opportunity and for your support. I look forward to serving as past president for the next year, and welcome Karen Bilida as president. She has great ideas, abundant energy and such a passion for UCE and Unitarianism in general – we are in good hands.

So, until we meet again – virtually or in-person – blessed be. Karen Mills

Summer Services at UCE

The summer services at UCE continue to evolve. It's quite likely we will be continuing with the online services through the summer. We will have opportunity to join Westwood Congregation for some of their virtual services; the Canadian Unitarian Council is also organizing a summer of virtual services led by congregations across the country which we will be able to participate in. Details on those will come later. However, we are still planning to hold weekly get togethers for our own community. So we are looking for volunteers to lead some informal, scaled back, virtual sharing circles made up of readings and discussion. Materials can be provided, we just need willing leaders/facilitators.

If you are interested and willing to do that for one or more summer services, please contact John Pater, johncpater@gmail.com or 780-619-6843.

YouTube Tutorials Just for UCE

Here is a video tutorial for you watch on how to sign into the Sunday Services:

On A PC

<https://www.youtube.com/watch?v=9j-ngUBh8Qs&list=PLKcuo9C9BH2GFqebRaVieOgcOVNI2jEy3&index=5>

On an iPad

<https://www.youtube.com/watch?v=iz4dhqkHTjk&list=PLKcuo9C9BH2GFqebRaVieOgcOVNI2jEy3&index=1>

Unitarian Church of Edmonton Calendar						
June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
10:30 "Radical Theology" - A		10:30 Zoom Coffee Hour	10:00 Rev. Anne's Coffee Chat 18:15 UCE Board Meeting	10:00 Zoom Practice		10:00 CUC Leaders COVID-19 10:30 CUC: THR. Resurrection 12:00 Iara & Spruce's Satum 18:00 CUC Coffeehouse Cahr
10:30 Flower Communion, B-	10:00 Gathered Here -Youn	10:30 Zoom Coffee Hour	10:00 Rev. Anne's Coffee Chat	10:00 Zoom Practice		10:00 Iara & Spruce's Satum 18:00 CUC Coffeehouse Cahr
10:30 Bride Service, UCE You 14:00 CUC: Connect and Del		10:30 Zoom Coffee Hour	10:00 Rev. Anne's Coffee Chat	10:00 Zoom Practice		10:00 Iara & Spruce's Satum 18:00 CUC Coffeehouse Cahr
11:00 Litha (Summer Solstice)		10:30 Zoom Coffee Hour	10:00 Rev. Anne's Coffee Chat	10:00 Zoom Practice		10:00 Iara & Spruce's Satum 18:00 CUC Coffeehouse Cahr
10:30 Blessing of the Pets, J		10:30 Zoom Coffee Hour	10:00 Rev. Anne's Coffee Chat	10:00 Zoom Practice		10:00 Iara & Spruce's Satum 18:00 CUC Coffeehouse Cahr

Thank you to Alex Polkovsky for updating the calendar (<https://www.uce.ca/calendar/>).

It is very easy and very clear how to get to the calendar on the website.

Just go to the UCE.ca website, click on the word "calendar" at the top centre of the screen, then click on the event that you want to attend, then click on the link. ...

Woo Hoo, you are there and you don't have to look up past emails to find links.

RE Update

Hi Everyone,

I hope you are all doing well. I have really missed seeing everyone, and I hope we get to see each other again soon. The youth will be doing a zoom pride service coming up soon, and I will be reducing my hours in June and then will be off until next September. If you need to reach me for anything children or youth-related, please email me at ucekids@uce.ca.

The reading I have chosen to share with you this month is one of transition and beginnings. I feel it is relevant on many levels for us. In the changing times of Covid and with seeking an interim minister, this message reminds us that things happen when they happen.

A SEED KNOWS HOW TO WAIT

By Hope Jahren

A seed knows how to wait. Most seeds wait for several years before starting to grow; a cherry seed can wait for a hundred years with no problem. What exactly each seed is waiting for is known only to that seed. Some unique trigger-combination of temperature-moisture-light and many other things is required to convince a seed to jump off the deep end and take its chance—to take its one and only chance to grow.

A seed is alive while it waits. Every acorn on the ground is just as alive as the three-hundred year-old oak tree that towers over it. Neither the seed nor the old oak is growing, they are both just waiting. Their waiting differs, however, in that the seed is waiting to flourish while the tree is only waiting to die. When you go into a forest you probably tend to look up at the plants that have grown so much taller than you ever could. You probably don't look down, where just beneath your single footprint sits between one hundred and one thousand seeds, each one alive and waiting... When you are in the forest, for every tree that you see, there are no less than three million more trees waiting in the soil, fervently wishing to be.

When the embryo within a seed starts to grow, it basically just stretches out of its doubled-over waiting posture, elongating into official ownership of the form that it assumed years ago. The hard coat that surrounds a peach pit, a sesame or mustard seed, or a walnut's shell mostly exists to prevent this expansion. In the laboratory, we simply scratch the hard coat and add a little water and it's enough to make almost any seed grow. I must have cracked thousands of seeds over the years, and yet the next day's green never fails to amaze me. Something so hard can be so easy if you just have a little help. In the right place, under the right conditions, you can finally stretch out into what you're supposed to be.

Each beginning is the end of a waiting. We are each given exactly one chance to be. Each of us is both impossible and inevitable. Every replete tree was first a seed that waited.

Again I hope you are all doing well, and if you need to, please contact me by email. I would love to hear from you.

Stay safe, William

SJC Newsletter Blurb, May 2020

During the month of May, the UCE Social Justice Crew has been keeping busy with socially-distanced advocacy and activism. Although we are unable to meet or act as a group, we are still working on the issues closest to our hearts, even if we're doing it separately! Here are just a few of the activities members have been engaged in during this pandemic:

Audrey Brooks has been taking care of her homeless neighbours while outside doing yard work. She's been able to provide counselling and referral to resources, as well as food packages and loose change, to the folks she meets in the alley behind her home. Audrey has also been visiting with isolated church members, and preparing for the Annual Genocide Memorial in July.

Jeff Bisanz continues to work with various initiatives (EndPovertyEdmonton, the Edmonton Council for Early Learning and Care, the Muttart Foundation, and the Community-University Partnership for the Study of Children, Youth, and Families) on developing a system of high-quality, affordable early learning and care for young children and their families, especially for Edmonton's most vulnerable families.

Ali Hammington was volunteering to pack food hampers for seniors through Fresh Routes until travel on transit became unsafe. She is now working with her community league to open the Community Garden and install a honeybee hive, and to set up a weekly low-cost fruit and veggie market. Ali will also be working with a pair of summer students to find socially-distant ways of keeping neighbours connected this summer.

Marilyn Gaa, along with a few of the Raging Grannies, went out on April 22 with banners and placards to raise awareness about Earth Day. Marilyn has also been involved with her neighbourhood's community cleanup, and is collaborating with Project Ploughshares on a commemoration of the bombings of Hiroshima and Nagasaki.

Donna Hamer has been participating in her neighbourhood cleanup program, and went to UCE to collect the trash and litter from our garden. Donna has also been shopping and running errands for isolated seniors in her building.

Rosemary Falconer has been keeping busy, despite breaking her collarbone while cross-country skiing at the beginning of the pandemic! Rosemary has been providing childcare for a single mom who needs to complete schoolwork while daycares are closed. She's also keeping in touch with her clients from the Welcome Home program by phone, until it's safe for her to visit them in person again.

What other social justice initiatives are UCE members working on during this difficult time? Let me know by email at ali.hammington@gmail.com.












Sharing Our Abundance

Each Sunday we usually collect money for a different charity. Now that we are not meeting in person we hope that you will take time to go to the charity of the month's website and donate what you are willing and able to. For the month of June we have selected the George Spady Centre, Edmonton - recognized as a leader in the development and delivery of effective services for the care, treatment and support of individuals with substance-related disorders and dual diagnoses. People who come to us find dignity, hope and healing as they set a new path towards health and well-being.

<https://www.gspady.org/>



Heart to Heart

-  On Thursday, May 21, in the Intensive Care Unit at the University of Alberta, Stephen Greenhalgh, beloved husband of Gerard Hudak, died from an unexpected medical trauma. Gerard is deeply grieved, and is surrounded by his and Stephen's loving families. Rev. Audrey Brooks is present with them and will inform UCE about memorial arrangements. Please delay phone calls of sympathy until we hear more. - Rev Audrey.
-  Liz Cloutier says she is 'in Jail,' at her senior's facility, due to another health situation on top of the Covid 19 virus. She still has 8 days to go before "liberation on May 26th", so give her a call!
-  Robert and Gordon celebrated their first wedding anniversary on May 18th. Congratulations and best wishes were received by many family members and friends, the sun came out especially to honour their day!
-  The UCE walking group refuses to be done out of our Friday gatherings, even when the weather does not cooperate, so for the first time' decided to gather in a heated "Social Hall" garage and socialize. When the days are warmer we gather at Government House at the former Museum, remembering, of course to keep our distance.
-  It takes a lot of time and energy to change from church-oriented services, where we interact on a personal level with each other, to a Zoom program with all the technical aspects that must be put together to make everything happen. We have powerful and heart-warming services each week, with thanks to Karen Bilida, Scott Harrison, Bill Lee, Geoff Jackson; Jeff Bisanz, Jennifer Askey, Anne Barker, Carrie Day. Susan Ruttan, Andrew Mills and many others who make things work.
-  Yvonne enjoyed a patio visit through her door, with Gordon and Robert, and would like more such visits from us. Yvonne is particularly isolated because of fragile health issues, and, as you can imagine, is feeling this deeply. Call, a visit, do something zany to help keep her spirits up would be a gift to be enjoyed and remembered.
-  Some people, like Karen Mills are still working long hours from home: to those people, make sure to take time for yourself. To those who are retired and looking for something to do, don't worry, you will soon find yourself being busy, like Andrew Mills, who just replaced all the lights in our church sanctuary. He did it safely while up on a high scaffold, by using an app that kept watch over his movements. What a great idea. Some of us didn't like him working alone up there.
-  Marilyn Gaa and her neighbourhood managed to keep social distance while offering to share extra plants with each other by putting them out on their driveways on May 16th, and also having a supervised swap at their local community league, on the 17th. Its good to have plants that come from friends, because they are more likely to be successful in your own yard, so the story goes.
-  Gordon shared a blessing he found as he was coming out of a restaurant, that fits with our UU perspective, I think: "thank you for the food before us, the friends beside us, and the love between us."
-  There are church folk who are forming walking groups in their areas, so you may want to check this out, now that we have warmer weather. Robert B. walks for an hour in the river valley, from his home in Sundance, and Art Breier walks up the stairs in his building instead of taking the elevator. Vic Romanyshyn attached two long handrails to my basement steps so I can safely run up and down them without breaking my neck, since my eyesight is aging out along with the rest of me.
-  On Friday, May 15th John Marsh was admitted to Yale Hospital with a suspected stroke. He had emergency surgery with a good outcome. May 18th, another surgery was needed which again appears to have gone well. John remains in the ICU under close observation as of May 20th.

“Our mission is love, our race is humanity and our faith is in each other.”

Rev. Audrey Brooks

Remember that if you are experiencing loss, or would just like to chat about something, email audbrook@telusplanet.net, or phone 780-489-8842 and ask for Chaplain Audrey

**Even Though We Are Physically Isolating,
We Don't Need to Be Socially Isolated.**
Every Tuesday from 7pm-8pm there is a Unitarian Coffee Hour.



Like in-person coffee hour, you can stop by for a chat for a couple of minutes or stay for the whole hour.

There will be the large chat room and if enough of us join we will also have smaller rooms available.

<http://tiny.cc/ndfcnz> or Phone +1-587-328-1099 Meeting ID: 118 017 807



A big thank you to the Unitarian Church of Edmonton for this wonderful donation of food for our OUTpost Youth Support Centre! Feeling grateful 🙏



I saw this on Facebook. I don't know who donated all of this food to the CHEW Project YEG and there are so many options of wonderfully generous people in our community that could have done this....

I want to thank everyone that is making these challenging times easier for other people.

Thank you from all my heart!

- Karen Bilida

You can learn more about CHEW here: <https://chewprojectyeg.org/>



Volunteers needed!

Greeters and Hosts for
Sunday Services and Tuesday Coffee Hours.

Or you can create your own online Pub Night,
Poetry Reading, Gardening Group ... let your
imagination flow.

Please contact Karen at
Unitarian.Edmonton@yahoo.ca

How to Volunteer Online

“Open the Church” role

- Open Zoom Meeting by Signing in to the Unitarian.Edmonton@yahoo.ca account (password will be given separately)
- Open the prescheduled Sunday Service meeting
- Say Hi to people as they join
- Make people that are speaking during the service and assisting with the volunteer roles “co-hosts” (see participants list, click more, assign as host or cohost)
- Tutorial video: <https://youtu.be/aE1kKK7jbK0>

The person that “opened” the church makes the person that will be hosting breakout rooms the “Host” (only “hosts” can create breakout rooms)

The after-service breakout rooms role

- Randomly assign breakout rooms – remain in the “centre” for people to come back to the “centre” to be reassigned
- Tutorial video: https://youtu.be/QpsTqc_uQHw

Note -- Everyone that is a cohost or host watches the chat (except service leaders) make sure that people remain muted during the service, watch the chat, and if it ever becomes necessary, removes a zoom bomber. Tutorial: <https://bit.ly/2zb5Ev1>

Library Update

In the next while, I will be scanning and archiving the photo albums that are in our library. To maximize space efficiency, we are planning to store some of our collection in photo file boxes. Is there anyone who has containers that they were planning to donate to the garage sale that would be suitable for storing photos, and would be the right size to place on the library shelves? If so, please contact me. Thank you!

Jane Calderin, calderin@telus.net

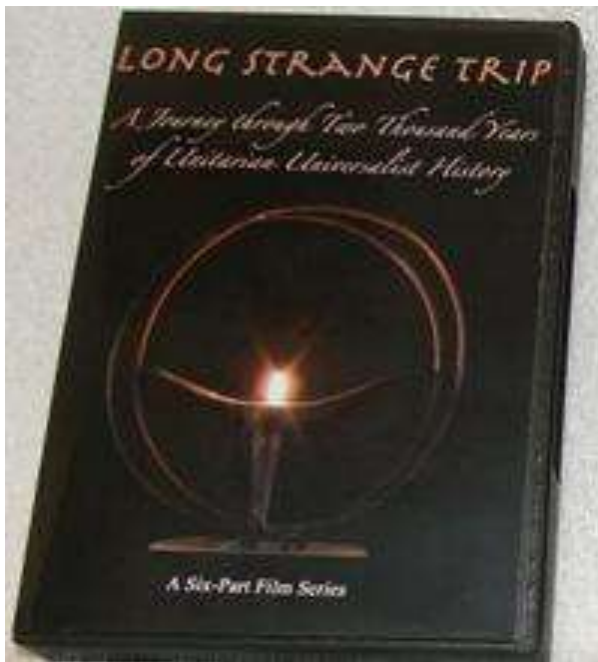


Our History: Chapter Four

UU HISTORY VIDEOS: "LONG STRANGE TRIP"

I had borrowed the UCE's set of DVDs on UU history and I can offer to pass on to any church member interested in watching them.

In early 2019, when UCE acquired them, Rev Brian Kiely described them as, " an excellent series of videos exploring Unitarian Universalist History ... [for] anyone interested with our long history ... First episode *In the Beginning* examines the roots of liberal religious thought before the Reformation. It shows how both Unitarianism and Universalism date back to the founding of Christianity."



The set includes 6 DVDs of almost 6 hours running time. I can say from watching them, there's lots I did not know about UU history, and much food for thought. The set covers up till this century, and was produced by the Unitarian-Universalist Association as per the link below.

[UUA bookstore Long-Strange-Trip-UU-Film-Series](#)

I am willing to deliver to any member in the Edmonton area who is interested, and willing to safeguard or return or pass on to another member (this set is UCE property). You can contact me at Ruth.Merriott@gmail.com to ask questions or to work out mutually-agreeable arrangements for getting the set to you.

Ruth Merriott

Let's Keep Connecting

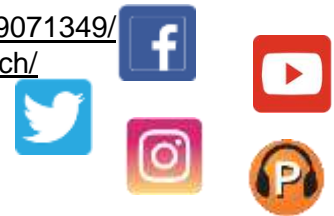
What's one of your favourite things about UCE? I bet most of you said, "the people"! I would agree.

I love the conversations before the services, at coffee hour, during committee meetings, book club, choir practice (well, not *during* choir practice), and over soapy water while doing post-potluck dishes. I get glimpses into what makes people tick and learn how to live out our UU principles.

Keeping up these conversations while we're physically distancing is important – for UCE attenders and for those who are seeking community. How can we do it? Online!

UCE already has established social media accounts, but they need your help to keep them engaging, conversational and diverse.

- [Facebook Group](https://www.facebook.com/groups/41659071349/) - <https://www.facebook.com/groups/41659071349/>
- [Facebook Page](https://www.facebook.com/UnitarianChurch/) - <https://www.facebook.com/UnitarianChurch/>
- [Twitter](https://twitter.com/UnitarianUCE) - <https://twitter.com/UnitarianUCE>
- [Instagram](https://www.instagram.com/unitarianuce/) - <https://www.instagram.com/unitarianuce/>
- [YouTube](https://www.youtube.com/user/EdmUnitarian) - <https://www.youtube.com/user/EdmUnitarian>
- [Podcast](https://soundcloud.com/user-189401827) - <https://soundcloud.com/user-189401827>



It's easy to keep connected and let others know about UCE. Here are a few Facebook and Twitter tips:

- **“Follow” or “Join” the account/group.** This allows UCE posts to show up in your feed.
- **Like an existing post** by simply clicking on the “thumbs up” or heart icon. This not only shows your appreciation, but affects the site’s algorithm and helps ensure more people see the post.
- **Share or retweet an existing post.** Were you inspired by a service? Share the post with the link to the YouTube video or podcast.
- **Comment on a post.** This both creates a conversation and “boosts” the post so the likelihood of people seeing it increases.
- **Post your own content.** This is what really keeps social media lively and interesting and helps create connections. Posts don’t have to be long or profound. In fact, short is better. Share a joke, a question, a quote that speaks to you, or a great photo. Original content helps show the real people who make up the community.
 - Be positive and use images with your posts. The items that get the most shares tend to be those that are positive, inspirational and/or funny. Pictures grab people’s attention, increase shares, and carry the greatest weight in algorithms (meaning the post gets shown more and “rises to the top” of people’s feeds).

If we all did just one of these steps once a week, it would give our connections a real boost and help non-UCE people know what a great thing we have going on here. Happy connecting!

Please make sure that your contact information is up to date
<https://www.uce.ca/membership-information-update/>
“Regular verification” will be appropriate for most

Recordings of UCE Services for April & May 2020

UCE podcasts the audio of Sunday services on our SoundCloud.com channel. Anyone using a podcast app can subscribe to the channel and receive new episodes as soon as they are published. To subscribe, open your app and search for UCE. Once subscribed, you can stream any service or you can download it to your phone, tablet, or computer and then listen without an internet connection.

If you don't wish to use a podcast app, you can stream the services directly from SoundCloud. Here are direct links to all March services and to April services uploaded prior to the Newsletter publication.

You can also watch past Sunday Services on YouTube.

(<https://www.youtube.com/user/EdmUnitarian>)

Apr 5 *Wisdom From Africa*, Karen Mills & Gordon

Ritchie

Podcast: <https://bit.ly/2xNWSIs>

YouTube: <http://tiny.cc/obvmnz>

Apr 12 *Easter Spirit, Open Mind*, Rev. Anne Barker & Dawn Hunter

Podcast: <https://bit.ly/3b817bx>

YouTube: <http://tiny.cc/mevmnz>

Apr 19 *New Birth Earth Day*, Corinne Jackson & Maria Jenkins

Podcast: <https://bit.ly/2RR9FL5>

YouTube: <http://tiny.cc/uivmnz>

Apr 26 *Protecting Pollinators*, Beth Jenkins and Mike Jenkins

Podcast: <https://bit.ly/2KM5fBo>

YouTube: <https://tinyurl.com/y7c7wfxn>

May 3 *Jewish Traditions for Today's UUs*, Karen

Mills & Gordon Ritchie

Podcast: <https://bit.ly/2zWpZ7h>

YouTube: <https://tinyurl.com/y8n55fsc>

May 10 *Cultures of Motherhood*, Rev. Audrey Brooks & Dr. Jennifer Askey

Podcast: <https://bit.ly/2AirNHV>

YouTube: <https://tinyurl.com/y8ch4okb>

May 17 *What Does it Mean to Do Good?*, Rev. Anne Barker & Jeff Bisanz, Joint Service with Westwood

Podcast: <https://bit.ly/2zb98xj>

YouTube: <https://tinyurl.com/y7pr8qy2>



List of Services Sep 2018 to Jun 2019 <https://bit.ly/2PnYPef>

List of Services Sep 2019 to Present <https://bit.ly/3bYZAJ8>

Lists Services on YouTube Each playlist covers a church year.

<https://www.youtube.com/user/EdmUnitarian/playlists?view=1&sort=dd&flow=grid>

Thank you to Bill Lee and Geoff Jackson for editing, and posting to SoundCloud and YouTube.



UU's Around Canada

From Westwood

"Rev Anne's Coffee Chat"

All Are Welcome

Wednesdays (10:00-11:30 AM)

<https://uuma.zoom.us/j/492570211>

Or phone +1-587-328-1099

Meeting ID: 492 570 211

Recurring weekly thru June 24, 2020



Director of Religious Education, Ilara Stefaniuk-Gaudet will be hosting a weekly time for families with young kids to come and connect on a zoom meeting. Our friend Spruce the Squirrel will be joining us for stories, and some new animal friends will be introduced in the weeks to come. Come connect!
<https://www.westwoodunitarian.ca/kids/>

From Vancouver Unitarians

Check in and Zoom Practice

Every Thursday between 3-4pm Edmonton time.

Mary coaches the group through basic zoom protocol and possibilities.

If people are interested in learning about hosting or co-hosting, we can spend some time on that as well. We start with a check-in to see where people are at and go from there.

Join zoom with link ucv.im/zoom-practice

You'll need the password. If you don't know it, contact Mary at ucvconnect@gmail.com

You are welcome to just drop-in - wave, chat, say "hello" or stay as long as you want to.

<https://vancouverunitarians.ca/zoom-practice/>



From the Canadian Unitarian Council (CUC)

Information about all the upcoming CUC events, including additional dates and times, and forms for registered events can be found on our Events page on our website. <https://cuc.ca/events>

Upcoming Featured Events:

CUC Leaders COVID-19 Sessions

Saturdays, May 30 and June 6 (please note we are moving to a monthly frequency for these events)

10 am MT (1 hour. Note change in time from 1 pm ET previously)

<https://cuc.ca/events/may-covid-19/1590840000/1590843600/>

CUC Coffee House Connections

Saturday, May 30 4 pm MT

Multigen Music - All welcome

<https://cuc.ca/events/cuc-coffeehouse-multigen/1590861600/1590867000/>

THR Reconciliation Through Film – Season 3, Film 2

Saturday, June 6, 10:30 am MT

<https://cuc.ca/events/thr-film-season3-film-2/1591446600/1591450200/>

Connect and Deepen – Virtual Gathering

Connect and Deepen is a new monthly online gathering for those seeking Canadian Unitarian Universalist connections.

Sunday, June 14, 2 pm MT (90 minutes)

<https://cuc.ca/events/connect-and-deepen/1590336000/1590341400/>



Gathered Here

Join other UU 18-35-year-olds online for sharing of joys and concerns, deeper check-ins, prayerful reflections, and an opportunity to process current events with a spiritually grounded community.

Confirmed summer dates are June 8, July 13 and August 10 at 6 pm MT, though more may be added.

Contact: casey@cuc.ca

<https://cuc.ca/events/gathered-here-may/1590436800/1590442200/>

The Canadian Unitarian Council needs your perspective!

We are seeking to build online programming of value to Canadian UUs in the months ahead, programs which you cannot easily access or create on your own. Your input is essential for us to prioritize resources and programming, building online events which will appeal to you and meet some of your ongoing needs.

A couple of ideas to get you thinking:

- Are there speakers and trainings that you would like to gain access to but cannot do on your own?
- Would you like to have resources with ideas regarding how to plan for future Canadian UU gatherings- a safe and slow process to consider in person meetings; retaining online gatherings; exploring new "groups" who've found us more accessible online?

We welcome you to share your thoughts in the survey below as well as to share the link with others in your group and/or congregation.

<https://www.surveymonkey.com/r/Cong-Needs2020>

The Unitarian Church of Edmonton is a liberal, multi-generational, religious community. We celebrate a rich mosaic of free-thinking, spiritually questing individuals joined in common support and action. We welcome diversity including diversity of beliefs from divine believers to humanists, from pagans to atheists and agnostics. We believe in the compassion of the human heart, the warmth of community, the pursuit of justice and the search of meaning in our lives.

We gather with gratitude on traditional Cree lands that are now a part of Treaty Six and shared by many nations. A treaty is an inheritance, a responsibility and a relationship. May we be good neighbours to one another, good stewards to our planet and good ancestors to our children.

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