

#### The Edmonton Unitarian: July - August 2018, Vol 59 No. 07



#### July 1 American Influences on Canada

**David Haas** 

A Canada Day service that provides a perspective on American influences on our country from colonial times to present. This is a slide presentation first given to a mostly American literary group attending a small convention in Eastern Ontario.

David Haas has been attending UCE since 1975, and was its president from 1990 to 1993. In 2017 he was asked to give a presentation on Canada to a mostly American literary group. An illustrated version of the talk will feature in the group's summer newsletter.

#### July 8

#### **REDress Project**

Social Justice Working Group, Featuring Guests Mufty Matheson and Brenda Jackson With displays of photographs taken to commemorate the thousands of Missing and Murdered Indigenous Women of Canada.

#### July 15 <u>Hope and Perseverance</u> Rev. Audrey Brooks

For almost a decade Audrey has been hosting a genocide memorial service in her front garden. This 10th Anniversary of the annual Genocide Memorial Service will be held here at UCE with words, music, dancers and a potluck after the service.

Sponsored by the Unitarian Church of Edmonton and the Edmonton Interfaith Centre for Education and Action.

#### July 22 <u>Honouring Our Ancestors</u> Susan Ruttan & Lillias Cowper

Honouring one's ancestors is a deep tradition among the Chinese, but many Canadians hardly know who their ancestors are. In this service we will honour the forebears on whose shoulders we stand, including some notable ones from Alberta history. And yes, there will be singing.

Susan Ruttan and Lillias Cowper are active church members who like to share stories.

#### July 29 <u>Gratitude for Mother Earth's Gifts</u> UCE Pagan Chalice Circle

A service in the spirit of the Pagan sabbat of Lammas (or Lughnasadh) which comes on August 1<sup>st</sup>. We will gather in gratitude to give thanks to Mother Earth for her blessings, and to celebrate the Harvest of First Fruits.

#### August 5 <u>My Playlist</u> John Pater

This will be my imitation of CBC's "my playlist" which features well known Canadian musicians sharing the music that inspires them. My list starts with the Sound of Music and crosses genres and decades of musical appreciation. Come join me on a musical journey.

John Pater has been a member of UCE for 19 years, has had a lifelong interest in the intersection of faith and culture, and simply loves music.

#### August 12 What Is Prayer Without God? Erica Deneve

The question of what personal prayer without God has been answered I think. That would involve meditation and exploring the silence. But what about praying with someone else? What might that look like if we weren't praying to God together? Unitarianism has largely left the idea of prayer behind, with good reasons for that decision. But in that culling of practices have we lost something valuable? And if so, how could we reshape that idea to fit as part of our faith?

Erica has been involved with UCE for many years off and on. She is currently involved with the Religious Exploration program, and wears different volunteer hats as needed. Erica is a massage therapist who works with people with chronic pain. She is also a huge nerd about mythology, theology, philosophy and science, and loves exploring themes related to those subjects.

#### August 19 <u>Creativity in Recovery: A Path to Healing Addiction</u>

#### **Karen Stevenson**

Addiction is complex – it is a rare family that has not been touched by a loved one's struggle. We are making strides in talking about mental health but there is still reluctance to publicly acknowledge the difficulty we and our loved ones have with addiction. Karen brings a personal perspective to these challenges and how creative expression is a key piece in her own 35-year journey of recovery.

Karen Stevenson, is a professional art therapist, counselor and expressive arts practitioner, member of UCE for over 10 years, and runs Sustaining Wonder Creative Arts and Wellness

#### August 26 Our Privileged Lives Kat Hartshorne & Ayla White

Inspired by the memoir of a North Korean defector - "In Order to Live" by Yeongmi Park - this service will explore the liberties and advantages that we as Canadians are privileged to have and reflect on the plight of those in the world who are still struggling to gain democracy and freedom.

Ayla White and Katherine Hartshorne are a mother-daughter duo. Ayla is a member of the UCE youth group, and Katherine is a church member. Ayla became fascinated with the living conditions in North Korea after stumbling across a viral video of Yeongmi Park describing her journey to freedom and the struggles that she overcame. This lead to mother and daughter reading "In Order to Live" together.

#### **Invitation to UCE Friends**

If you are receiving our monthly *Newsletter* and are not yet a member of the church, but would like to be, please contact our Church Administrator, Janet Polkovsky by phone: (780) 454-8073, email at **chadmin@uce.ca** or on our **website** to start the process of becoming a fully-fledged member of our very vibrant community. We look forward to welcoming you.

#### Attention Youth/Kids and Families!!



July 10<sup>th</sup> we will be meeting at <u>Launchpad</u> (6142 50<sup>th</sup> Street). Time will be determined based on everyone's availability. Parents must fill out waiver at the location for kids/youth to jump. Please join us for some fun and jumping. Adults are welcome to jump as well! Wear comfortable clothing. This will be our Year end party. See you there. Please talk to Lauren if you plan to attend, 780-952-3586 or <u>ucekids@uce.ca</u>

## Celebrate with Lauren Kay!

We are going to get together on Friday July 20 for a Potluck Farewell Party

> Doors at 6:00pm Dinner at 6:30pm Hugs all night

Please bring food to share with everybody (an extra Kleenex would probably come in handy too)

Please join the Facebook event to be kept updated https://www.facebook.com/events/124963095043484/

#### **Sharing Our Abundance**

The Unitarian Church of Edmonton donates half of the loose cash collected each Sunday to a different charity. For the Months of July we will be donating to Stephen Lewis Foundation and the month of August we will be donating to Boyle Street Co-Op.

July -- STEPHEN LEWIS FOUNDATION, Toronto delivers resources directly into the hands of grassroots organizations turning the tide of HIV and AIDS in Africa.





August -- BOYLE STREET CO-OP, Edmonton is a non-profit, inner city agency which assists individuals and families challenged by homelessness and poverty. Each year they help 12,000 people (more than 70% of who are of Aboriginal descent) access a wide range of supports and service. They provide health care, mental health and addictions support, housing, employment counseling and drop in services.

#### **Chorealis Highnotes**



What a wonderful year we have had under the amazing direction from our coleaders Karen Mills and Gordon Ritchie! And the Chorealis church services they orchestrated have been highlights for many of our congregation. We have over forty people registered in our choir and we all look forward to our weekly rehearsals. A very special thank you to Maurice Bourgoin who was very busy as our librarian. As well as our usual busy schedule, we participated in several other events. We sang and enjoyed the Edmonton Vocal Minority Christmas celebration and some of us joined Harmonia at the Westwood Solstice service in December. Our St. Patrick's Day Cabaret was lots of fun and brought in over \$2600 for our church. Many participated in the Jason Shelton Westwood workshop and Chorealis is looking forward to singing some of his compositions at UCE. Bev and

Vic Romanyshyn hosted us at the famous Hobbit House for our end of the year potluck.

To continue our connections, we are getting together for barbeques over the summer. Susan Ruttan is hosting our first one on Thursday, July 12<sup>th</sup> at her home which is at 11129 – 51 Street (Phone 780-477-3663). The August Barbecue is on Thursday, August 30<sup>th</sup> at the home of Marilyn and Jim Gaa. Their address is 9318 Edinboro Road (Phone 780-432-7660). For both of these events which start at 6 pm, please bring something to barbeque, something to share (an appetizer, salad or dessert) and whatever you drink on a summer evening. Also, bring your own dishes, cups, cutlery and lawn chair if you can. We will still go ahead if the weather is inclement.

These events are open to anyone from the congregation who would like to join us. We will be starting rehearsals again on Thursday, September 6<sup>th</sup> at 7:30 pm and always welcome new singers.

Jan McMillan

#### Heart to Heart

- The memorial for Everett Hewitt, husband of Joanne Olafson will be held at UCE on August 25, 2018 at 2:00 PM. See Foster and McGarvey for more details: www.fostermcgarvey.com
- T.D. Turner received her frist Metis sash on September 17<sup>th</sup>, 2017 in recognition of her First Nations heritage. Congratulations, T.D.
- Susan Ruttan returned from the annual CUC conference in Hamilton and shared her observations about how other UU churches operate, as we move forward with changes in our own UCE programming.
- Art Therapy practicum student and member, Karen Stevenson, has graduated and is now entering her new practice. Watch this newsletter for more information about her work.
- Congratulations to our multi-talented Youth group who were invited once again, to help run the BMX Association concession for the provincial bike races. This will result in an honorarium of \$1,500 the youth will use for programming and for OWL conferences, as well as giving them community outreach experience.
- Our Minister, Brian Kiely and daughter Elora completed the bike marathon last weekend, to help raise money for MS research, what an accomplishment for a first time rider, Elora!! Never mind the weather situation!
- Our "Spring is Bustin' Out All Over," senior's luncheon was as usual, a fun time for good conversation, great food prepared by Brian and our volunteer kitchen friends; creative singing, and lots of hugs for Lauren Kay, our DRE who is leaving our community to return to Louisiana in July.
- It is with sadness that we remember our friend Karen Huska, who joined UCE last year, and brought her unique and friendly personality to our church community. Karen died on May 23, 2018 at home, from a coronary episode. She will be missed. Her memorial has already occurred. Contact Sheila Parr for information if you wish to send condolences to her family. Sylvia Krogh remembers Karen as a person who invited Sylvia's Buddhist friends from Nepal to the Buddhist temple where Karen attends, "just one example of how pleasant and generous she was."
- 🋂 "Our mission is love, our race is humanity, our faith is in each other." Rev. Audrey Brooks

## UNITARIANS AT THE 2018 PRIDE PARADE!







#### Welcome to Will Adair!



The Staff and Board of the Unitarian Church of Edmonton are happy to welcome Will Adair to the position of Religious Exploration Director. We look forward to working with you!

Please join us on Facebook to keep up to date and join in the conversation.



Missed a service?
Want to hear a past service?



Check out the Unitarian Church of Edmonton YouTube Page!

Help us help communicate to the outside world what a great community we have plus stay tuned to all the latest!

Please join us on <u>Facebook</u> and our new <u>Twitter</u> Account.

Please also look for links throughout this newsletter.

Social Media cannot be successful alone.

Every comment, like, share, invite helps us. Please share with your friends and family and on your pages.



#### **UCE Walking Group Schedule**

Walkers carpool from church, leaving at 10:00 am, or meet at the walk site at 10:20 am. There are often changes to the schedule so if you are not on the email list please call Sheila, 780-454-7581 the day before to confirm the walk.

July 6	Hawrelak Park, meet at Picnic Site #2
July 13	Laurier Park
July 20	124 Street, High Street Gallery Walk
July 27	Kinsmen, meet at steps



#### **Summer Sound Tech Schedule**

July 1	Bill Lee	August 5	John Pater
July 8	Bill Lee	August 12	Bill Lee
July 15	John Pater	August 19	Bill Lee
July 22	Bill Lee	August 26	Kat Hartshorne
July 29	Kat Hartshorne		

#### Occasional Office Help Needed: Paid Position

Our Administrator, Janet Polkovsky will be working a reduced schedule during the summer (please see below). In order for the church to fulfill the terms of the work agreement, an occasional office assistant needs to be hired to cover Janet's vacation time. Ideally, the person would also be able to work a day or 2 during the regular church year to cover sick days, etc. The pay will be \$16.00 per hour. The candidate will need to have experience with Microsoft Office and database entry. Must have good organizational skills and work well with a diverse group of people as part of the job includes reception work (in person and on phone), responding to email inquiries and coordinating an events calendar. They will also perform kitchen duties (set up and clean up) on Sundays to provide coffee and tea to members attending services. If you are interested, please contact Janet Polkovsky at chadmin@uce.ca.

#### **Volunteer Opportunities**

#### **Volunteer Without Meetings for the Food Bank**

Maurice is off to Quebec, we need volunteers in the summer or we will have to shut down Food Bank Distribution for the summer.

There are <u>non-lifting</u> and lifting jobs available. You can come for one week or 52 weeks!

An easy job, but a very important one! Help UCE

distribute food from the Food Bank. Wednesdays from 5:30-7:30 pm. We need people to cross names off of lists and people to lift boxes – something for most everybody. Please sign up in the UCE lobby.



#### Food Bank Volunteers' Summer Schedule

Date	Key Holder	Person 2	Person 3
June 20	Marge Roche	Lynn Wolfe	
June 27	Brian Kiely	Elora Kiely	Serena
July 4	Marge Roche	Rosemary Falconer	Serena
July 11	Brian Kiely	Ayla White	Serena
July 18	Marge Roche	Rosemary Falconer	Serena
July 25	Rosemary Falconer	Sylvia Krogh	Serena
August 1	Marge Roche	Stephen Greenhalgh	Gerard Hayduk
August 8	Brian Kiely	Jackie Withers	
August 15	Brian Kiely	Jackie Withers	
August 22	Marge Roche		
August 29			
September 5			

### 2018 Camp Dragonfly Info

Camp Dragonfly! The Edmonton Pride Centre, Seahorse Support Circle, Southminster-Steinhauer United Church and Rainbow Connection are hosting a day camp for trans and gender creative kids and their siblings and friends age 6-13. **Camper registration and volunteer applications now both open!** Camp is looking for trans+ and non-binary folks to help out at the entire camp with the campers and anyone to volunteer to help in the kitchen for a meal or two! Camp is Aug 17-18 at SSUC. See camp-dragonfly.com for details.

#### **Westwood Unitarian Happenings**

#### **Breath & Voice with David Wilson**



Westwood is pleased to host a series of voice workshops with David Wilson.

Build confidence! Improve technique! Have fun!

Designed to assist people in singing to the best of their ability. David combines physical and vocal warm-ups with free breathing and internal awareness exercises. Attend one workshop or several for even greater benefit.

Location: Westwood Unitarian Congregation 11135 65 Ave, Edmonton

Time: 9 am to noon

Dates: June 23 (registration open), August 25, September 15 & 29, October 27 (on-line registration now open)

Cost: \$50

Registration: for June 23 send a request to info@westwoodunitarian.ca

On-line registration for the other dates. Registration is limited to 20 participants

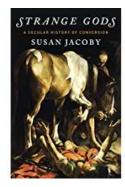
#### Westwood Unitarian FreeThinkers' Book Club

The FreeThinker Book club meets in the basement of the Westwood Unitarian Church at 7:00 PM on the last Wednesday of the month from Oct-March. The format varies but typically begins with a round table check-in and first reactions to the book. This is followed by a free ranging discussion, triggered by questions from other members.

All are welcome – atheists, humanists, agnostics, and theists and of course free thinkers!!

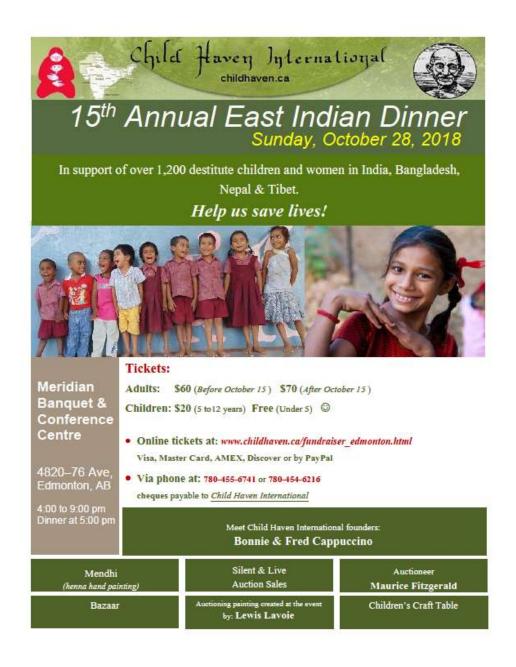
The club members have chosen the following texts for this coming season.

Oct. 24 Strange Gods: A Secular History of Conversion by Susan Jacoby



In a ground-breaking historical work that addresses religious conversion in the West from an uncompromisingly secular perspective, Susan Jacoby challenges the conventional narrative of conversion as a purely spiritual journey. From the transformation on the road to Damascus of the Jew Saul into the Christian evangelist Paul to a twenty-first-century "religious marketplace" in which half of Americans have changed faiths at least once, nothing has been more important in the struggle for reason than the right to believe in the God of one's choice or to reject belief in God altogether.

8 copies at EPL



#### **Related Child Haven Event**

Sylvia Galbraith is having a garage sale in July and all proceeds will be donated to Child Haven. Sylvia Galbraith lives at 10728-125 Street NW, Edmonton. If you have any contributions — they would be appreciated. If you are not able to deliver the donations she will pick them up if you contact her at 780-455-6741.

# Meeting Your Muse

Summer Creative Wellness Series July 4, 11, 18, 25

In Greek mythology, the Muses are the nine daughters of Mnemosyne (Memory) and Zeus. They became the keepers and custodians of inspiration and creative fire – bringers and igniters of the arts and sciences within the human spirit. Often referred to as "sacred epiphanies", the Muses ignite our creativity and educate our soul. (From Angeles Arrien's, The Nine Muses.)



#### Oh the Possibilities! JULY 4

Are we as open to possibilities in our life as we'd like? Explore ideas, objects and paint in this playful workshop!

#### Collage Me! JULY 11

A simple yet effective way to celebrate ourselves! Working with images, objects/fabric you will have a chance to connect your inner and outer self. No art (or sewing) experience necessary!

#### Where I'm From... JULY 18

Using George Ella Lyon's poem, Where I'm From, we will explore 'sense of place' and 'home'. You will be guided through a written word piece incorporating visual art in the process.

#### Who Am I? JULY 25

Working with clay is a lovely way to explore and mould your inner muse!

All workshops 7-9 pm Cost: \$25.00/session
Unitarian Church of Edmonton, 10804 – 119 Street

Join Karen Stevenson, Art Therapist, for one or all evenings. No art experience necessary! Contact Karen at 587-338-9661 or Karen@sustainingwonder.ca to register. Check www.sustainingwonder.ca to learn more about what Karen offers.



#### **Picnic Service Fun**





The Unitarian Church of Edmonton is a liberal, multi-generational, religious community. We celebrate a rich mosaic of free-thinking, spiritually-questing individuals joined in common support and action. We welcome diversity including diversity of beliefs from divine believers to humanists, from pagans to atheists and agnostics. We believe in the compassion of the human heart, the warmth of community, the pursuit of justice and the search of meaning in our lives.

We gather with gratitude on traditional Cree lands that are now a part of Treaty Six and shared by many nations. A treaty is an inheritance, a responsibility and a relationship. May we be good neighbours to one another, good stewards to our planet and good ancestors to our children.

#### **Around Our Church**

- UCE is a scent-free zone. We have members, some of them small children, with severe allergies. So avoid wearing any scents when you come to gatherings at the church colognes, hair spray, etc. Also please remember when cleaning church property (tablecloths, counter tops, dishes, etc.) to use scent-free products.
- **Sermons:** On the YouTube website, <a href="http://www.youtube.com/EdmUnitarian">http://www.youtube.com/EdmUnitarian</a> Need help: Contact Bill Lee billlee@ualberta.net or 780-435-7477
- **Brunch:** Going for brunch after church is a UCE tradition. Want to join? Contact Marge Roche or Jennifer Hinchcliffe at church.
- **Recycling:** We don't have recycling pickup at the church, so we need help with taking blue bags home for home collection or to the Recycle Centre. The bags are in the kitchen and/or social hall
- Walls: Please do not use scotch tape on a painted wall. If you need a sign printed and posted in the church please contact the office, chadmin@uce.ca .
- Bissell Centre: All items donated to our church green box in the foyer go to the Bissell Centre Thrift Shoppe on 88st &118 Ave. Also accepted is all bedding and linen (with the exception of cushions and pillows), small household items, CD's and videos but no books or tapes.

For further information contact Barbara Forbes 780 439 4553 or Rosemary Falconer 780 472 9287.

- **Pop Cans:** We raise money from returnable bottles, tetra packs etc. donated by members. Drop your contribution in the second storage room (the single door) in Keeler Hall.
- **Food:** If you use our kitchen, clean it up afterward and don't leave any food behind. Public Health Regulations prohibit the storing of perishable food for more than one day
- **Security:** If your committee or groups are meeting after Church hours, please make sure all the exit doors are locked before setting the alarm and leaving. The exits that need to be checked are Keeler Hall and the side door (on the same as the main doors, by the picnic table).

#### **Summer Office Hours**

Church Administrator, Janet Polkovsky will be working a reduced schedule throughout the summer of 2018: Wednesdays and Thursdays: 10:00 am to 2:00 pm, Sundays: 9:30 am to 1:30 pm.

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## E-MAIL <u>chadmin@uce.ca</u> WEB PAGE <u>www.uce.ca</u> Vol 59 No. 7

Newsletter Submission Deadline is the 20<sup>th</sup> of every month. Please send your article to chadmin@uce.ca

#### **People Finder**

Minister: Reverend Brian J. Kiely <u>brikie@aol.com</u>	780-455-9797			
President: Karen Mills <u>karenmills@me.com</u>	780-432-0826			
Religious Exploration Leader: Will Adair ucekids@uce.ca	780-454-5816			
Church Office: Janet Polkovsky chadmin@uce.ca	780-454-8073			
Head Teller: Edwina Madill	780-462-2089			
Canvas: Andrew Mills andrew@misc.ca	780-432-0826			
Communications Committee: Karen Bilida <u>Unitarian.edmonton@yahoo.ca</u>				
Chaplain Services: Reverend Audrey Brooks <u>audbrook@telusplanet.net</u>	780-489-8842			
Property Management: Mike Keast	780-497-1303			